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# CRICKET FOR ALL'S WINTER ACADEMY PROGRAMS

Here at Cricket For All (CFA) we are proud to host the biggest cricket academy program in South Australia, with well over a hundred young cricketers enrolled in one of our many inclusive programs in 2023. Our academies have provided boys and girls of Adelaide with the skills and knowledge to take their game to the next level and achieve their cricketing goals.

Our coaching philosophy is governed by the principles of players scoring runs and taking wickets; learning how to do so through replicating game situations and developing skills to improve decision making whilst playing games. Through our cricket academies we aim to develop players' skills in all aspects of cricket by facilitating a competitive but nurturing environment where players can learn and express themselves to build confidence in their skills and as cricketers.

Through a combination of group and one-on-one sessions, players will have the opportunity to work with our coaches personally and in small groups to maximise their growth over the course of the academies. These sessions will utilise a variety of training methods to develop well-rounded skill sets and with the aid of state-of- the-art video analysis and an experienced coaching panel, we believe we have all the tools to develop any cricketer's game.









### UNDER 14 ACADEMY

The CFA Under 14 Winter Academy cricket program is designed to develop player's skills in all aspects of Cricket while enforcing good training habits. Players will have the opportunity to develop their skills with our experienced coaches who will create and facilitate a variety of engaging and competitive environments. Our Under 14 graduates will be better prepared to perform in Community, School and District competitions, from where they can push for further selection in representative, district and state squads.

Our Under 14 Academy will be split into 2 different groups, Strikers and Stars, that run on different schedules to accomodate players' availability and maximise development.

#### KEY INFORMATION

- Ages 12-14
- Sundays 3:40 5:10pm
- 8x Group Sessions
- 2x 1-1 Sessions
- \$625 pp or \$590 pp (if registered before 10.3.24)



DATE	UNDER 14 STRIKERS WINTER ACADEMY PROGRAM
5.5.24	COMPETITIVE SESSION (INTRODUCTION TO PROGRAM)
	Players introduced to coaches and program before competing against each other in a competitive net session.
19.5.24	ONE ON ONE SESSIONS (KEY DEVELOPMENT AREA FOCUS)
	players to work with a designated coach
	30-minute lesson
	players to have individual access to a personal coach to develop technical deficiencies.
2.6.24	FOUNDATION
23.6.24	Core Technique
7.7.24	Footage
28.7.24	Feedback
	Focus Points
(4-week focus)	Specialist skills coaches will provide individualised feedback to each player. Coaches and players will work together
	to develop their core techniques in the areas of batting, bowling (pace & spin), fielding and wicketkeeping over a 4-week period.
	ONE ON ONE SESSIONS
11.8.24	30-minute lesson with a designated coach
	Individual access to a personal coach to groove and challenge technical deficiencies in a player's game
25.8.24	GAME SENSE & PLAY
8.9.24	Technique Transition
22.9.24	Players will be challenged to transition the work they have done in the Foundation phase into game play
	Problem Solving
(3 - week focus)	Players will play a variety of games that will challenge their problem-solving skills while executing their individual skills



DATE	UNDER 14 STARS WINTER ACADEMY PROGRAM
5.5.24	COMPETITIVE SESSION (INTRODUCTION TO PROGRAM)
	Players introduced to coaches and program before competing against each other in a competitive net session.
12.5.24	ONE ON ONE SESSIONS (KEY DEVELOPMENT AREA FOCUS)
	players to work with a designated coach
	30-minute lesson
	players to have individual access to a personal coach to develop technical deficiencies.
26.5.24	FOUNDATION
16.6.24	Core Technique
30.6.24	Footage
21.7.24	Feedback
	Focus Points
(4-week focus)	Specialist skills coaches will provide individualised feedback to each player. Coaches and players will work together
	to develop their core techniques in the areas of batting, bowling (pace & spin), fielding and wicketkeeping over a 4-week period.
	ONE ON ONE SESSIONS
4.8.24	30-minute lesson with a designated coach
	Individual access to a personal coach to groove and challenge technical deficiencies in a player's game
18.8.24	GAME SENSE & PLAY
1.9.24	Technique Transition
15.9.24	Players will be challenged to transition the work they have done in the Foundation phase into game play
	Problem Solving
(3 - week focus)	Players will play a variety of games that will challenge their problem-solving skills while executing their individual skills



## TOREGISTER

# SCAN THE QR CODE OR CLICK ON THE LINK AND COMPLETE THE ONLINE REGISTRATION FORM



https://cricketforall.com.au/academy-programs/registration/



## STAYIN TOUCH

#### FOR MORE INFORMATION OR STAY UP TO DATE CONTACT US OR FOLLOW US BELOW

- Email: coaching@cricketforall.com.au
  - Phone: (08) 7095 5777
  - Website: cricketforall.com.au
    - Facebook: Cricket For All
    - Tik Tok: Cricket.For.All
    - Instagram: Cricket\_For\_All

