

CRICKET
FOR ALL

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FOR ALL

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FOR ALL

**2024 HIGH PERFORMANCE
ACADEMY PROGRAMS**





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CRICKET FOR ALL'S HIGH PERFORMANCE ACADEMY PROGRAMS

CFA Winter High Performance Academies are designed to create a more challenging and professional environment, providing players with the resources and facilities required to excel in Premier Cricket and School competitions from where they can push for selection in representative and state squads.

Our smaller selected squads will train together to compete and challenge each other as well as share ideas and opinions in an intimate environment which we believe allows a balanced group of players (batters, bowlers etc.) of similar abilities to produce a more rounded skill set. This will provide the skills to perform at a high standard and overcome different challenges and obstacles as they rise through the grades.

The High Performance Academies are run by South Australian elite pathway coaches alongside CFA coaches who will work closely with players to develop their skills in a variety of competitive and challenging environments whilst enforcing professional training habits.

Players who have previously been involved in CFA pathway programs or have been identified as cricketers of promise, are invited to participate in these academies. We also encourage players who believe they will benefit from an accelerated program or would like to be apart of one of our High Performance Academies to register their interest.

In the past we have had many of our High Performance Academy players be selected to represent South Australia across various different age groups and tournaments.

Players involved in the High Performance academies in 2024 will have the opportunity to represent CFA in touring squads that will play in tournaments on the Sunshine Coast and in Darwin during June and July. These squads will compete against other academies and representative teams from around the country in limited overs tournaments.



CFA Cricketing Pathway

The CFA Winter Cricket Academy Programs are designed to streamline development and ensure boys and girls of all ages, experience and ability are given every opportunity to excel. Our programs are in place to drive player development and enjoyment whilst guiding young players all the way from an introductory level in the Youngstars Academy, right the way through to Senior cricket in the Under 18 and High Performance Academies. We have seen many of our graduates go on to achieve higher honours, representing South Australia across a range of junior senior national competitions.





**CFA'S WINTER ACADEMY
PROGRAM IS NOW THE
LARGEST IN
SOUTH AUSTRALIA**



15 & UNDER HIGH PERFORMANCE ACADEMY

The 15 & Under High Performance Academy is offered to a selected squad of players who have been identified as cricketers of promise that will benefit from a more professional and challenging environment. Players that are selected in this squad will need to meet the following criteria:

- Form & Performances
- Ability
- Future Development Potential
- Squad Balance
- Attitude and Work Ethic
- Behaviour

Players in this Academy will have the option to Tour the Sunshine Coast from July 8th -18th to play in the International Cricket Academy League Tournament.

KEY INFORMATION

- **Ages 15 & Under**
- **Mondays 5:30 - 7:00pm**
- **7x Group Sessions**
- **2x 1-1 Sessions**
- **\$5,975 pp** (inc. Tour of Sunshine Coast)
- **\$1,299 pp**

DATE	15 & UNDER HIGH PERFORMANCE WINTER ACADEMY PROGRAM					
<p>3.6.24</p> <p>* 2ND 1-1 TO BE ARRANGED DURING TERM 2 HOLIDAYS OR AFTER THE ACADEMY FINISHES</p>	<p>ONE ON ONE SESSIONS (KEY DEVELOPMENT AREA FOCUS)</p> <p>Players to have individual access to a personal coach to develop technical deficiencies during a 30-minute lesson</p>					
<p>13.5.24</p> <p>20.5.24</p> <p>27.5.24</p> <p>(3-week focus)</p>	<p>FOUNDATION</p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>MENTAL SKILLS</p> <p>Managing expectations</p> <p>Self talk</p> <p>Visualisation</p> <p>In game strategies</p> </td> <td style="width: 50%; vertical-align: top;"> <p>CORE TECHNIQUE</p> <p>Footage</p> <p>Feedback</p> <p>Focus Points</p> </td> </tr> </table> <p>Specialist skills coaches will provide individualised feedback to each player. Coaches and players will work together to develop their core techniques in the areas of batting, bowling (pace & spin), fielding and wicketkeeping over a 3 week period.</p> <p>Players will discuss and record emotions relating to performance pressures, impact of self-talk, use of visualisation and trial strategies that could impact their thinking and performance under pressure.</p>		<p>MENTAL SKILLS</p> <p>Managing expectations</p> <p>Self talk</p> <p>Visualisation</p> <p>In game strategies</p>	<p>CORE TECHNIQUE</p> <p>Footage</p> <p>Feedback</p> <p>Focus Points</p>		
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TOUR OF THE SUNSHINE COAST 2024



TOUR DETAILS

Age-Group: 15 & Under

- Domestic airfares:
Return flights (economy class)
- Accommodation and breakfast:
Holiday Inn, Maroochydore
- Airport transfers
- Match day transfers
- T20 and One-Day (50 over) fixtures:
International Cricket Academy
League Tournament

Tour Dates: 8th - 18th July 2024

- Tournament clothing provided:
(2x training shirts, shorts, 2x
coloured playing shirts and pants)
- Tournament opening function
- Live streaming of all matches
- Lunch on match days
- Tournament closing presentation:
Prizes for player of the tournament
and most runs and wickets



17 & UNDER HIGH PERFORMANCE ACADEMY

The 17 & Under High Performance Academy is offered to a selected squad of players who have been identified as cricketers of promise that will benefit from a more professional and challenging environment. Players that are selected in this squad will need to meet the following criteria:

- Form & Performances
- Ability
- Future Development Potential
- Squad Balance
- Attitude and Work Ethic
- Behaviour

Players in this Academy will have the option to Tour Darwin June 28th - July 6th to play in the NT Junior Strike League Tournament.

KEY INFORMATION

- **Ages 17 & Under**
- **Mondays 7:00 - 9:00pm**
- **7x Group Sessions**
- **2x 1-1 Sessions**
- **\$5,975 pp** (inc. Tour of Darwin)
- **\$1,299 pp**

DATE	17 & UNDER HIGH PERFORMANCE WINTER ACADEMY PROGRAM	
<p>3.6.24</p> <p>* 2ND 1-1 TO BE ARRANGED DURING TERM 2 HOLIDAYS OR AFTER THE ACADEMY FINISHES</p>	<p>ONE ON ONE SESSIONS (KEY DEVELOPMENT AREA FOCUS)</p> <p>Players to have individual access to a personal coach to develop technical deficiencies during a 30-minute lesson</p>	
<p>13.5.24</p> <p>20.5.24</p> <p>27.5.24</p> <p>(3-week focus)</p>	<p>FOUNDATION</p> <p>MENTAL SKILLS Managing expectations Self talk Visualisation In game strategies</p> <p>Players will discuss and record emotions relating to performance pressures, impact of self-talk, use of visualisation and trial strategies that could impact their thinking and performance under pressure.</p>	<p>CORE TECHNIQUE Footage Feedback Focus Points</p> <p>Specialist skills coaches will provide individualised feedback to each player. Coaches and players will work together to develop their core techniques in the areas of batting, bowling (pace & spin), fielding and wicketkeeping over a 3 week period.</p>
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TOUR OF DARWIN 2024

TOUR DETAILS

Age-Group: 17 & Under

- Domestic airfares:
Return flights (economy class)
- Accommodation and breakfast:
4-5 Star Hotel *(TBC)
- Airport transfers
- Match day transfers
- T20 and One-Day (50 over) fixtures:
NT Junior Strike League
Tournament

Tour Dates: 28th June - 6th July 2024

- Tournament clothing provided:
(2x training shirts, shorts, 2x
coloured playing shirts and pants)
- Tournament opening function
- Live streaming of all matches
- Lunch on match days
- Tournament closing presentation:
Prizes for player of the tournament
and most runs and wickets

TO APPLY FOR A HIGH PERFORMANCE PROGRAM

TO APPLY TO JOIN A CFA HIGH PERFORMANCE ACADEMY PROGRAM, SCAN THE QR CODE OR CLICK ON THE LINK AND COMPLETE THE ONLINE APPLICATION FORM



<https://cricketforall.com.au/academy-programs/high-performance-academy/application/>

STAY IN TOUCH

FOR MORE INFORMATION OR STAY UP TO DATE CONTACT US OR FOLLOW US BELOW

 **Email: coaching@cricketforall.com.au**

 **Phone: (08) 7095 5777**

 **Website: cricketforall.com.au**

 **Facebook: Cricket For All**

 **Tik Tok: Cricket.For.All**

 **Instagram: Cricket_For_All**